

Bristol Ballet School Regulation Uniform  
Uniform requirements and detailed uniform specifications

Bristol Ballet School recommends  
RAD Enterprises  
and  
Dancewell,  
Address: 60 Cotham Hill, Bristol BS6 6JX  
Phone: 0117 973 0120

All uniform should be clean and well-fitting, and underwear should not be visible.  
Jewellery should not be worn, unless required for religious or cultural reasons.  
Where used, makeup should be kept light and to a minimum.  
If hair is too short to be tied in a bun, it should be neatly groomed and styled off the face and neck so that the line of the head and neck is not obscured.

FEMALES

For Female Pre-School Dance - Baby Steps Ballet  
For Pre-Primary and Primary in Dance

Lilac Chloe RAD approved leotard with short sleeves  
Matching Lilac RAD approved georgette wrap-over(Elasticated) skirt  
Matching Lilac RAD approved crossover cardigan  
Pink ballet socks or seamless pink ballet tights  
Pink leather sole ballet shoes with elastic - Full Sole

MALES

For Males Pre-School Dance - Baby Steps Ballet  
For Pre-Primary and Primary in Dance

White RAD approved short Sleeve T-Shirt  
Navy RAD approved ballet shorts  
White RAD approved ballet socks  
White RAD approved canvas ballet shoe - Full Sole

FEMALES

For Female RAD Grade 1-2 Ballet

Lavender RAD approved leotard with no sleeve  
Matching lavender RAD approved elasticated belt  
Matching lavender RAD approved crossover cardigan  
Pink ballet socks or seamless pink ballet tights  
Pink leather sole ballet shoes with elastic - Full Soles  
Low heel canvas character shoes  
Character Skirt (500CSS) Pink Colours (pale pink, pink and mulberry)  
Length should be to mid-calf

Males

For Males RAD Grade 1-2 Ballet

White RAD approved short Sleeve T-Shirt  
Navy RAD approved ballet shorts  
White RAD approved ballet socks  
White RAD approved canvas ballet shoe - Full Sole  
White RAD approved short sleeve leotard.

Navy RAD approved stirrups  
Black Katz 'Syllabus' Boys Oxford canvas lace-up character shoe.

Hair

The Perfect Ballet Bun

Step-by-step instructions for producing the perfect ballet

Make sure you have to hand a variety of brushes and combs to accommodate different hair types. Have on-hand different types of hair bands.

Brush the hair starting at the bottom and work your way up, rather than starting at the top and risk matting tangles by dragging them down-over. Also, when tackling big knots, hold the hair tightly near the scalp but slightly away from the head; that way, the pressure of pulling and tugging on the hair is against your own hand, and is not felt by the student.

Invite the student to put their hair in a tight high ponytail themselves if they are able. If they are not old enough to manage it on their own, secure the hair in a ponytail using a hair band.

When placing pins into a forming bun, it is tricky to avoid occasional head-stabbing. While there doesn't seem to be any tactic which is entirely fool-proof, I recommend aiming the pin downwards on an angle to push it in, then press it up/into the centre of the bun in a sort of swooping 'down up' curve so as to catch the hair and anchor the bun, but avoid aiming the pin towards the scalp at any point. Other than this I recommend practice, and patience!

Hair Gel

Be cautious when applying hair gel so that as little gets on the skin as is possible; its stickiness can be very unpleasant.

Hairspray

When using hairspray, always make sure you first tell the student to close their eyes and put your hand over their face to avoid it getting in their eyes. This also helps reduce the amount of spray accidentally landing on faces.

Ultimately, the best solution to bun problems is to entirely remove the middle man, and teach the students to do their own hair as early as possible.